



GROUP EXERCISE SCHEDULE

2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>Upper Body Strength 12:00PM-12:45PM Bailey McGuire (200 Mass studio)</p>	<p>Pilates 12:00PM-12:45pM Emma Silverman (200 Mass studio)</p>	<p>Butts and Guts 12:00PM-12:45PM Bailey McGuire (200 Mass studio)</p>	<p>Yoga 12:00PM-12:45PM Alina Sushko (200 Mass studio)</p>
	<p>Burn Bootcamp 4:00PM-4:45PM Bailey McGuire (250 Mass Turf)</p>		<p>HIIT 45 5:15PM-6:00PM Bailey McGuire (200 Mass studio)</p>

All classes are subject to change

Contact: Bailey McGuire
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